

NATIONAL PRODUCTIVITY COUNCIL

UNDER DPIIT MINISTRY OF COMMERCE & INDUSTRY, GOVT. OF INDIA



NPC offers:

Free Healthcare Webinar Series Includes; Panel Discussion & Open Forum, under the supervision of Country's leading Doctors.

<i>Date</i>	<i>Name of the Doctor</i>	<i>Brief about Doctor</i>	<i>Topics</i>
<i>1-10-2020</i> <i>4 to 5 PM</i>	<i>Dr. Jankhana Hakani</i> <i>Ms. Fatima Kapadia</i>	<i>Consultant Psychiatrist & Counselor, MBBS, PG in Psychological Medicine, Mumbai</i> <i>Clinical Psychotherapist, Mumbai</i>	<i>GADGET ADDICTION & BEHAVIOUR THERAPY</i>
<i>6-10-2020</i> <i>4 to 5 PM</i>	<i>Dr. Siddhartha Chowdhury</i> <i>Ms. Swati Agarwal</i>	<i>Consultant Psychiatrist, VIMHANS, MBBS, DPM</i> <i>Occupational Therapist</i>	<i>Self Care Practices</i>

<p>7-10-2020</p> <p>4 to 5 PM</p>	<p>Dr. Pankaj Puri</p>	<p>MD, DNB, DM (Gastroenterology), FRCP (Edinburgh). FRCP (London) Director Gastroenterology & Hepatology Fortis Escorts Liver & Digestive Diseases Institute (FELDI) Fortis Escorts Hospital, New Delhi</p>	<p>Keeping your Liver Healthy</p>
<p>8-10-2020</p> <p>4 to 5 PM</p>	<p>Dr. Sanjeev Gulati</p>	<p>Chairman, Nephrology, Fortis Institute of Renal Sciences & Transplantation Vasant Kunj an Fortis Escorts Heart Institute , Okhla , New Delhi</p>	<p>Save your Kidney- The Seven Good Habits</p>

<p>9-10-2020</p> <p>4 to 5 PM</p>	<p>Dr. Darpan Kaur</p> <p>Dr. Gautam Saha</p>	<p>Associate Professor of Psychiatry, Department of Psychiatry, Mahatma Gandhi Missions Medical College and Hospital, Navi Mumbai</p> <p>MBBS,MD (Psychiatry) Director - Clinic Brain Neuropsychiatric Institute</p>	<p>Mental Health and Psychology well being amidst "COVID 19" Pandemic</p>
<p>13-10-2020</p> <p>4 to 5 PM</p>	<p>Dr. Siddhartha Chowdhury &</p> <p>Ms. Suchi Sharma Ms. Rashmi Bhatia</p>	<p>Consultant Psychiatrist, VIMHANS, MBBS,DPM</p> <p>Dietitians, VIMHANS Hospitals, New Delhi</p>	<p>Role of Diet in Shaping Mental Health</p>

<p>15-10-2020</p> <p>4 to 5 PM</p>	<p>Dr. Siddhartha Chowdhury &</p> <p>Ms. Saphira Ghoshal Mukharjee</p>	<p>Consultant Psychiatrist, VIMHANS, MBBS, DPM, New Delhi</p> <p>Creative Arts therapist VIMHANS Hospitals, New Delhi</p>	<p>Use of Creative Arts in Mental Health</p>
<p>16-10-2020</p> <p>4 to 5 PM</p>	<p>Dr. Pratap Sharan</p>	<p>Professor, Department of Psychiatry, All India Institute of Medical Sciences, AIIMS New Delhi</p>	<p>Mental Health Sucide Prevention</p>

<p>17-10-2020</p> <p>5 to 6 PM</p>	<p>Dr. Atul Mathur</p>	<p>MBBS, MD, DM</p> <p>Director Chief of</p> <p>Intervention Cardiology at</p> <p>Fortis Escorts Heart</p> <p>Institute, New Delhi</p> <p>President of Indian Council</p> <p>for Carotid Intervention,</p> <p>Cardiovascular Therapeutics</p> <p>India</p>	<p>when you need to</p> <p>see a</p> <p>Cardiologist?</p>
<p>23-10-2020</p> <p>4 to 5 PM</p>	<p>Dr. Bhavna Barmi</p>	<p>Co- Founder, Psycare</p> <p>Senior Clinical</p> <p>Psychologist, Fortis</p> <p>Escorts Heart Institute,</p> <p>New Delhi.</p>	<p>Living in Balance is</p> <p>the New Normal</p>

10-10-2020

4 to 5 PM

Dr. Achal Bhagat

*MBBS, MD, Senior
Consultant Psychiatrist
Head -Dept. of
Psychiatry
Apollo Hospital ,
New Delhi*

*Mental Health & Coping
Strategies*



**Health
Comes
First**

Mental illness isn't always easy to see.

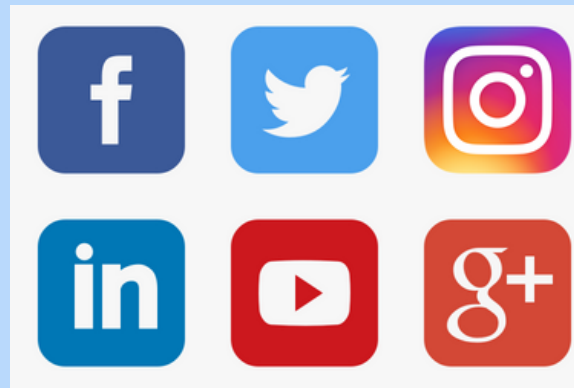
2 out of 3 people suffering from mental illness & suffer in silence.

Come forward & dare to share

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Contact Details:

www.npcindia.gov.in



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