



**NATIONAL PRODUCTIVITY COUNCIL**  
(Under Ministry of Commerce & Industry, Govt. of India)



**Leading with Emotional  
Intelligence**

Webinar Title: **Leading With Emotional Intelligence**



**Webinar Type: Free or Paid:** Paid

If Paid, Registration Fee (including GST):- Rs. 300/-

**Expert Speaker (Name/ Designation)** – Dr. Nidhi Mishra, Asst. Professor IIM Bodhgaya

**Webinar Date:** 9-October-2020 | **Time:** From\_3:00 PM\_To\_4:30 PM

**About Webinar: -**

Emotions are all around us in the workplace, and it's important for leaders to understand how to harness them to cultivate productivity and positive relationships. To be effective, leaders must have a sound understanding of how their emotions and actions affect the people around them. The better a leader relates to and works with others, the more successful he or she will be. Emotional Intelligence (EI) could be blended with cognitive competencies (IQ) and managerial competencies for effective leadership. In this webinar, we will discuss how a leader can apply the concepts of EI to handle teams effectively, build co-operative relationships with key stakeholders, exercise effective influence, handle difficult conversations and create energy and enthusiasm to foster meaningful change.

**Key Learning Points:**

1. Understanding the science behind emotional intelligence and how it factors at work
2. Discovering techniques to raise one's EQ
3. Determining how to maximize team performance using emotional intelligence
4. Discovering how to catalyse change using EI

### **Speaker Profile:-**

**Dr Nidhi Mishra** is working as Assistant Professor at Indian Institute of Management, Bodh Gaya. She obtained her PhD in Organizational Behaviour from Indian Institute of Management, Ahmedabad. In her thesis, she explored Forgiveness as a coping strategy in the context of workplace bullying. Her research interests include Workplace Wellbeing, Resilience, Workplace Forgiveness and Coping. At IIM Bodh Gaya, she also co-ordinates the activities of *Samatvam*, The Mindfulness Centre at IIM Bodh Gaya. Prior to her PhD, she has worked in Accenture Services Private Ltd. as a software engineer for around 3 years.



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