

### NATIONAL PRODUCTIVITY COUNCIL

**Presents Webinar on** 

## **Emotional Intelligence**

for Achieving Success in Life

On 05 November 2020, 11:00-13:00 hrs

Emotional Intelligence is a very new concept became popular in Nineties. Though lately identified it gained lot of importance as determinant of success in effectively overcoming life's challenges. It refers to the ability to identify and manage one's own emotions and that of others. If emotions are understood well, they can be managed in an effective and positive way. People with high E.Q can communicate better, resolve conflicts and improve relationships. It is very helpful in managing stress also. As the business scenario is becoming tough day by day, people are prone for several expected and unexpected challenges in personal as well as work life, knowing more and more about the emotional knit, understanding self and also others is very essential for staying healthy in life and to excel in their work fields. This webinar is aimed to impart an in depth knowledge about the emotional constructs and different domains of it.

**Webinar Coverage:-** Concept of Emotional Intelligence, Evolution of Emotional Intelligence, Difference between IQ and EQ, Benefits of emotional intelligence, Models of Emotional Intelligence – Ability model, Trait model and Mixed model, 5 Constructs of emotional intelligence. How an emotionally intelligent person perceives things – a description.



Participants will be provided E-certificate towards Participation.



#### Speaker:

Dr. V. Janaki Tenneti, Management professor

#### **Registration Fee:**

Rs. 590/- including GST per Participant

Please Visit for Registration:

https://www.npcin dia.gov.in/NPC/Us er/webinarpage

RD Hyderabad

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